

TCP, TCI, Jr/ Sr High

# October 2017

breakfast

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Pancakes Sausage Fruit Juice Milk	3 Bacon, egg & Cheese Sandwich Fruit Juice Milk	4 Chef's choice Fruit Juice Milk	5 Chocolate -banana Chunk Bar Fruit Juice Milk	6 Muffin Yogurt or Cheese Stick Fruit Juice Milk	7
8	9 French toast Fruit Juice Milk	10 Breakfast Pizza Fruit Juice Milk	11 Waffles Jr/Hs- Egg Calzone Fruit Juice Milk	12 Wg pancakes Sausage Fruit Juice Milk	13 Chef's Choice Fruit Juice Milk	14
15	16 Wg pancake & Sausage wrap Fruit Juice Milk	17 Bacon, egg & Cheese sandwich Fruit Juice Milk	18 Chocolate-banana Chunk bar Fruit Juice Milk	19 Chef's choice Fruit Juice Milk	20 Fall Break	21
22	23 Fall Break	24 Sausage & biscuit breakfast pizza Fruit Juice Milk	25 Banana chunk bar Fruit Juice Milk	26 Whole grain Pan- cakes Sausage Fruit Juice Milk	27 Chef's choice Fruit Juice Milk	28
29	30 Pancakes & sausage Fruit Juice Milk	31 Bacon, egg, cheese sandwich Fruit Juice Milk				