

Lunch Menu - JSHS

DECEMBER 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
USDA is an equal opportunity provider.	Breakfast available in Cafeteria st 7:45am Cost: \$1.00, reduced .30 Free		Daily alternative options: salad bar or Cold sandwich on request.		Menus subject to change due to weather or delivery.	1
2	3 Mac & Cheese or Chick Patty/ wg bun Green Beans Fruit Glazed carrots Milk	4 Pulled Pork/ Wg bun or cal zone Sweet potato cubes Broccoli Variety fruit Milk	5 Turkey slice or Chef's choic Potatoes Bread slice Corn variety Fruit Milk	6 Soft wrap Fajita chix or Taco meat Cheese Tomato Lettuce Refried beans Fruit Milk	7 Pasta/ Meat sauce Garlic Toast or Hot dogs Salad/ dressing Carrots Variety Fruit Milk	8 Daily Milk Options: White 1%, Chocolate or Strawberry fat free.
9	10 Cheese Pizza or Pepperoni Calif Blend Orange Medley Variety Fruit Milk	11 Calzone or Boneless wings Sweet potato fries Spinach/ dressing Variety fruit Milk	12 Chix Nuggets or Popcorn Chick Potatoes Gravy Corn Variety fruit Milk	13 Tenderloin/ wg bun or Meatball sub Fries Baked beans Tomato slice Lettuce Variety fruit Milk	14 Chef's Choice or Loaded Baked potato soup/ bread stick Salad/ dressing vegs Variety fruit Milk	15 Daily vegetable options: Variety of Cold vegetables available along with hot vegetable selections.
16	17 Fajita Chicken or Taco beef Chips Cheese Salsa Refried Beans Variety fruit Milk	18 Hot dogs/ wg bun or Buffalo Chick Pizza Spinach Green Beans Variety fruit Milk	19 Fish/ wg bun or Chef's Choice Baked beans Fries Orange Medley Fruit Milk	20 Chicken & Noodles/ roll or Egg Rolls Whipped ptoatoes Corn Variety fruit Milk	21 Chef's choice or Toasted Turkey Ham & Cheese sand Peas Carrots & dip Variety Fruit Milk	22
23	24 Christmas Eve	25 Christmas Day	26 Christmas Vacation	27 Christmas Vacation	28 Christmas Vacation	29
30	31	Notes:				
		© 2014 Vertex42 LLC				
						Calendar Templates by Vertex42.com