

JSHS LUNCH

# OCTOBER 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> Hamburgers/ Wg bun or Hot Turkey ham & Cheese sand Tomato Lettuce Fries Baby Carrots Fruit Milk	<b>2</b> Calzone or Teriyaki Chic Rice Stir Fry Veggies Orange Medley Fruit Milk	<b>3</b> Nuggets or Popcorn Chic Whipped potatoes & gravy/ Roll Corn Salad/ Dressing Fruit Milk	<b>4</b> Sloppy jo or Pulled Pork/ Wg bun Spinach/ dressing Baked beans Fruit Milk	<b>5</b> Chicken leg & roll or Quesadilla & Salsa Sweet potato fries Green beans Fruit Milk	<b>6</b>
<b>7</b>	<b>8</b> Mac/ cheese or Chic patty/ Wg bun Green beans Glazed carrots Fruit Milk	<b>9</b> Pulled pork/ wg bun or Calzone Sweet Potato cubes Broccoli & Cheese Fruit Milk	<b>10</b> Quesadilla/ salsa or Beef burito/ salsa Corn Romaine/ dressing Fruit Milk	<b>11</b> Soft Wrap/ Taco meat or Fajita Chicken Baby carrots Shred lettuce & Tomato Cheese Fruit Milk	<b>12</b> Pasta/ Meat sauce & Garlic Toast or Hot dog/ Wg bun Baked beans Romaine/ Dressing Fruit Milk	<b>13</b>
<b>14</b>	<b>15</b> Schwan's pizza- Cheese or Pepperoni Calif blend Baby carrots Fruit Milk	<b>16</b> Chicken patty- Regular or spicy Slaw Crinkle cut Sweet potato fries Shred Lettuce, Tomato slice Fruit Milk	<b>17</b> Calzone or Boneless wings Spinach/ dressing Corn Fruit Milk	<b>18</b> Tenderloin/ wg bun or Meatball sub Baked bean French fries Shred lettuce Tomato slice Fruit Milk	<b>19</b> Bosco stick/ Sauce or Chef's choice Green beans Mixed greens/ dressing Fruit Milk	<b>20</b>
<b>21</b>	<b>22</b>  Fall Break	<b>23</b>  Fall Break	<b>24</b>  Fall Break	<b>25</b>  Fall Break	<b>26</b>  Fall Break	<b>27</b>
<b>28</b>	<b>29</b> Chili & Garlic Bread Glazed carrots Celery sticks Romaine/ dressing Fruit Milk	<b>30</b> Corn dog or French bread pizza Tator tots Baked beans Spinach/ dressing Fruit Milk	<b>31</b> Chicken Nuggets or Popcorn chick & Roll Whipped potatoes & Gravy Corn Salad/ dressing Fruit Milk	Alternate options Cold meat sandwich or Salad bar	Menus subject to change due to weather or deliveries	
		<b>Notes:</b>				
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