

Jr/ Sr High Lunch

FEBRUARY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Menus subject to change due to weather or delivery.	Breakfast served- in Cafeteria M-F 7:45- 8:00 am. \$1.00, reduced- .30 Free for qualified applicants See the office for applications		Daily alternative options: Salad bar or Cold sandwich on request.		1 Baked Potato/ roll/ Fajita Chick. or Bosco stick/ Marinara Broccoli/ Cheese or cold Veg Fruit Slushie or Variety Fruit Milk	2
3	4 Calzone or Teriyaki Chick/ Rice & Roll Stir Fry Veggies Peas Salad/ dressing Variety Fruit Milk	5 Soft wrap/ Taco meat or Fajita meat Refried beans Chopped Lettuce Tomato Variety Fruit Milk	6 Chick Patty/ wg bun or Quesadilla/ Salsa Green Beans Sw potato fries Variety Fruit Milk	7 Sloppy Joe/wg bun or Tenderloin Broccoli Baby Carrots Variety Fruit Milk	8 Chick Nuggets or Popcorn Chick & Roll Whipped potatoes/gravy Spinach/ dressing Corn Variety Fruit Milk	9 Daily Milk options: White 1%, Chocolate or Strawberry fat free.
10	11 Mac & Cheese/ Roll or Hamburger/ wg bun Glazed Carrots Green Beans Variety Fruit Milk	12 Pulled Pork/ wg bun or] Calzone Sw Potato cubes Broccoli Variety Fruit Milk	13 Turkey Slice/ Bread or Chef's Choice Whipped potatoes/ gravy Romaine/ dressing Corn Variety Fruit Milk	14 Taco Meat or Fajita chick Romaine lettuce, Tomato Cheese Pretzel roll Refried beans Salsa Variety Fruit Milk	15 Spaghetti/ Meat sauce/ Garlic toast or Hot dog/ wg bun Baby carrots Mixed greens/ dressing Variety Fruit Milk	16 Daily vegetable options: Variety of Cold vegetables available along with hot vegetable selections.
17	18 Cheese or Buffalo Chix Pizza Orange Medley California blend Variety Fruit Milk	19 Calzone or Chef's choice Sw Potato fries Salad/ dressing Variety Fruit Milk	20 Chick Nuggets or Popcorn Chick/ Roll Whipped potatoes/ gravy Corn Variety Fruit Milk	21 Tenderloin or Meat ball sub Baked beans Fries Tomato slice Lettuce Variety fruit Milk	22 Stuffed bread stick/ salsa or loaded Baked potato soup Green beans Salad/ dressing. Variety Fruit Milk	23
24	25 Queso cheese/ Chips/ Taco meat or Chef's choice Rice Refried beans Salsa Variety Fruit Milk	26 Hot dog/ wg bun or Buffalo Chick Pizza Green Beans Spinach/ dressing Variety Fruit Milk	27 Fish/ wg bun or Chef's choice Baked beans Fries Orange Medley Variety Fruit Milk	28 Chicken/ Noodles & Roll or Egg Rolls/ sauce Potatoes Corn Variety Fruit Milk		USDA is an equal opportunity provider.
		Notes:				
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