

Jr/Sr High School Lunch Menu

NOVEMBER 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
USDA is an equal opportunity provider.	REMINDER.... Breakfast is served daily in Cafeteria at 7:45am. Cost \$1.00, Reduced .30 Free.		Menus subject to change due to delivery or weather.	1 Sloppy joe/ wg bun or Rib/ wg bun Sw potato fries Green beans Variety fruit Milk	2 Pancakes & sausage or Cheesy garlic bread Orange Medly Juice Potato cubes Variety fruit Milk	3
4	5 Tenderloin or Steakbuger/ wg bun Fries Baby carrots Lettuce Tomato slice Variety fruit Milk	6 Cheesy bread or Breaded fish/ wg bun Baked beans Slaw Broccoli Variety fruit Milk	7 Tangerine Chicken or orange Chicken salad & roll Rice Corn Romaine/ dressing Variety fruit Milk	8 Soft wrap- Beef or Fajita chick Chop lettuce Tomato Refried beans Variety fruit Milk	9 Chicken & Noodles & Roll or Egg rolls Whipped potatoes Glazed carrots Variety fruit Milk	10
11	12 Beef taco pie & cookie or Rib/ wg bun Spinach/ dressing Peas Variety fruit Milk	13 Grilled cheese sand or Pepperoni/ cheese bread stick Broccoli Sw Potato cubes Variety fruit Milk	14 Chicken Nuggets or Pop corn Chicken Potatoes & Gravy Corn Roll Variety fruit Milk	15 Steak burger or Tenderloin/ wg bun Fries Baked beans Lettuce Tomato Variety fruit Milk	16 Ravioli/ Meat sauce or Egg rolls/ Sweet & Sour sauce Green beans Romaine/ dressing Variety fruit Milk	17 Daily Milk options: White 1%, Chocolate & Strawberry fat free.
18	19 Boneless Wings or Chef's choice Mixed greens/ dressing California blend Variety fruit Milk	20 Turkey Roll Whipped potatoes & Gravy Green beans Pumpkin pie Fruit Milk	21 Thanksgiving vacation	22 Thansgiving vacation	23 Thanksgiving vacation	24 Daily vegetable options: Variety cold vegetables available.
25	26 Soft wrap/ Taco beef Taco salad/ Chips Rice Chop Tomato Lettuce Refried beans Variety fruit Milk	27 Boneless wings or Cheese/ pepperoni Calzone Broccoli Apple crisp Variety fruit Milk	28 Chicken Nuggets or Popcorn chicken & Roll Whipped potatoes & Gravy Corn Salad Variety fruit Milk	29 Sloppy Joe or Pulled pork/ wg bun Spinach/ dressing Green beans Variety fruit Milk	30 Chicken leg & Roll or Chef's choice Sweet potato fries Slaw Variety fruit Milk	Daily Alternative option: Salad bar or Cold sandwich on request.
		Notes: © 2014 Vertex42 LLC				