

May 2017

Tri-County Junior/Senior High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken Patty/WG (Reg or Spicy) Tomato Sweet Potato Fries Romaine Lettuce Corn Variety of Fruit Milk	2 Taco Tub or Egg Roll Taco Meat Tomato Romaine Lettuce Refried Beans Variety of Fruit Milk	3 Pancake & Sausage or Cheesy Bread Cube Potatoes Orange Medley Variety of Fruit Milk	4 Tenderloin/WG Bun or Rib/WG Bun Tomatoes/Lettuce Baked Beans Broccoli Variety of Fruit Milk	5 Cheese or Pepperoni Pizza Baby Carrots Green Beans Romaine Lettuce Salad Variety of Fruit Milk
8 Mozzarella Cheese Sticks or Pulled Pork/WG Bun Sweet Potato Fries Slaw Cheesy Broccoli Variety of Fruit Milk	9 Calzones or Bacon Cheese Burger/WG Bun Glazed Carrots Tomato Potato Wedges Fruit Romaine Lettuce Milk	10 Orange Chicken Salad Or Tangerine Chicken Romaine Lettuce Stir Fry Veggies Variety of Fruit Milk	11 Meatball Sub/WG Bun or Cheesy Bread Peas Lima Beans Spinach Salad Variety of Fruit Milk	12 Pizza Bagel or Quesadilla Baby Carrots Green Beans Variety of Fruit Milk
15 Cook's Choice Baked Beans Broccoli Variety of Fruit Milk	16 Nacho's or Taco Salad Salsa Romaine Salad Sweet Potato Cubes Rice Variety of Fruit Milk	17 Chicken Bowl or Popcorn Nuggets Roll Potatoes Corn Variety of Fruit Milk	18 Southern Style Pork Chop or Boneless Wings Twisted Garlic Stick Mashed Potatoes/Gravy Romaine Salad Calif Blend Variety of Fruit Milk	19 Cook's Choice or Sweet Potato Fish Romaine Spinach Salad Italian Carrots Variety of Fruit Milk
22 Cook's Choice	23 Cook's Choice	24 Cook's Choice	25	26
29	30	31	**Menus can change due to weather or deliveries	Meal Alternative – Salad Bar

"This institution is an equal opportunity provider."